Important Dates for your Diary

TERM 4

Sun 1\textsuperscript{st} Nov  P&C Bunnings BBQ
Tues 3\textsuperscript{rd} Nov  Basketball Clinic (in school)
Thur 5\textsuperscript{th} Nov  Cool Kids Parent Recital (time TBA)
Thur 5\textsuperscript{th} Nov  P & C Meeting 7pm
Fri 6\textsuperscript{th} Nov  Simply Swimming Program ends
Mon 9\textsuperscript{th} Nov  Swimming Carnival
Tues 10\textsuperscript{th} Nov  Basketball Clinic (in school)
Tues 10\textsuperscript{th} Nov  Stewart House Collection
Wed 11\textsuperscript{th} Nov  Years 5&6 Interrelate
Thur 12\textsuperscript{th} Nov  Kindy Orientation Day
Tues 17\textsuperscript{th} Nov  Cake Day 4/5/6
Wed 18\textsuperscript{th} Nov  Years 5&6 Interrelate
Wed 18\textsuperscript{th} Nov  Martime Museum Excursion K-2
Fri 20\textsuperscript{th} Nov  P&C Fair & Movie Night

Permission Notes and Payments Due

K-2 Excursion  
Due Thu 12\textsuperscript{th} November  $ 32.00

Yr 5 & 6 Interrelate  
Due Wed 4\textsuperscript{th} November  $16.50(Yr5) $32 (Yr 6)

Voluntary School Fees & Workbooks  
ASAP

P&C Bunnings BBQ helpers  
ASAP

Please note these amounts can be paid off in instalments.
<table>
<thead>
<tr>
<th>Grade</th>
<th>Congratulations</th>
<th>Merit cards</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Lena A, Caitlin B, Anthony B, Matthew E, Andreanna L, Taylan W x 2</td>
<td>Anthony B, Matthew E, Caitlin B, Taylan W, Zak W</td>
</tr>
<tr>
<td>2</td>
<td>Tayla H</td>
<td>Amy B, Mary D, Hailey F, Chloe C, Liam N, Andrew S</td>
</tr>
</tbody>
</table>

Ribbons were awarded to: Mylie D, Hayley H, Floyd R, Hayden D
From the Principals Desk……..

Grandparents Day
Grandparents Day was held last Friday and was a great success for our school. Memories shared and time spent together has reinforced the importance that we all have in regards to the children within our school. The students have created their own memories that I am sure they will take with them throughout their lives. I would like to firstly thank the many Grandparents, Parents and community members who attended the day and made it so special for all of us. I would also like to thank the students for their great behaviour and outstanding performances together with the entire staff for their hard work in preparation for the day. Finally I would like to thank the many parents and carers who provided morning tea for the Grandparents. Together when the entire school community pulls together great things are achieved.

Parking Before & After School
I realise that parking before and after school can sometimes be a challenge. I would like to briefly remind all parents and carers to park in marked areas only, not only to ensure the safety of our children at Castlereagh Public School but also to avoid a parking ticket if caught by the police. Additionally, please do not park across the teacher’s car park gate as this is an emergency access point for emergency services to maneuver their vehicles. Thank you for your anticipated consideration and understanding.
Teacher Training & Development Days
Part of maintaining a highly qualified and professional teaching staff is participation in professional learning and development. Over the next 2 weeks each teacher will be off class to complete certain requirements and conduct preparation for the upcoming year. Mrs. O’Hara will be on class throughout the 2 weeks and will be closely following class programs. Thank you for your consideration and understanding.

Public Speaking Finals
I would like to congratulate all the children across Stage 2 and Stage 3 who participated in our most recent Public Speaking Competition. Both Mrs. V and myself were completely blown away by the outstanding level of these speeches and had a very difficult job adjudicating and selecting a winner. A special congratulations is in order for the following students who won their competition and will represent Castlereagh Public School at the cluster of schools semi-final next Wednesday; Alexis M Year 3, Caitlin S Year 4, Corey M Year 5 and Emily M Year 6. Good luck students at Londonderry Public School on Wednesday 4th November 2015.

Year 6 Fundraiser – Hotdog & Slushy Day
Last Friday, on Grandparents Day, Year 6 ran a Hotdog and Slushy fundraiser. I would like to make special mention to Mrs. Glover, Mrs. Mifsud, Mrs. Pace and Mrs. Novak for giving up their entire day to organise, make and sell the consumables. Additionally, I would like to make special mention to Mrs. Glover who donated the bread rolls through her company St. Marys Joinery and organised the donation of frankfurts from Primo and Mrs. Cowlishaw who provided the slushy and hotdog machines and donated the syrup, cups, straws and hotdog bags for the day.
**Simply Swimming**
The Simply Swimming program is currently up and running once more. It is fantastic to see some of the children from Castlereagh Public School participate in this very worthy program. Although we are only in the first week the behaviour thus far has been fantastic with no lost socks, goggles or towels. Keep up the magnificent work boys and girls.

**Swimming Carnival**
Now that Simply Swimming is underway it is an excellent time for us to commence the discussion regarding our School Swimming Carnival. The carnival will be held at Warragamba Swimming Pool on Monday 9\textsuperscript{th} November 2015. Information regarding the carnival has been sent home this week. If you are available to help out on the day we are always happy to accept assistance from parents as lane judges. This will once again be an outstanding school day and one that I am sure the students are looking forward to.

**2016 Kindergarten Enrolments**
Kindergarten enrolments for 2016 are currently being taken. In order for us to prepare our classes and ensure that equitable class numbers are maintained it is essential that we have all the information needed leading into 2016. If you know of someone who is enrolling at Castlereagh Public School and has not yet done so, could you please pass on our school details? Additionally, if you have children in Kindergarten to Year 5 and are planning on moving at the end of the year, that information is important also.

**P&C News**
There will be some changes to the date of the next several P&C Meetings. Please be advised that the next P&C Meeting will be held on \textbf{Thursday 5\textsuperscript{th} November} in the school office and the following \textbf{AGM} will be held on \textbf{Tuesday 7\textsuperscript{th} December} also in the school office. Please be advised that as of 2016 the set date and time for all P&C meetings will be the first Thursday of every month in the school office at 7pm.

Additionally, as we approach the P&C carnival and movie night a request has been made by the P&C to ask if anyone in the community has a small to medium sized truck available that we may be able hang our movie screen over for the evening. Please make contact with Jackie in the office if you can assist.

I wish you all a happy and safe fortnight ahead.

Kind Regards,
Mr. Tony Jeff
Principal

**School Lunches**
School lunches are available to order online. Please go to www.myschoollunchbox.com.au and follow instructions on how to order.
Crunch and Sip

Castlereagh Public School is a certified ‘Crunch and Sip’ school. All classes have a ‘Crunch and Sip’ break during the day where children are encouraged to eat fruit and sip water. A tally of the fruit eaten is kept as it is one of the activities the children can complete to obtain their Healthy Lifestyle Challenge, Healthy Badge.

Waste Free Wednesdays

Every Wednesday is a waste free day at CPS. This means whatever food and drink wrappings/scrap that the children have that day must be taken home with their lunches, a class tally is kept of the number of children having ‘nude foods’! These are foods that have no wrapping but come in a reusable container. Thank you for your continued support for these two programs.

Ice Blocks & Drinks

Ice blocks will be sold Monday, Wednesday and Fridays at lunch time. They range from 50c to $2 in price. Drinks will be sold Monday, Wednesday and Fridays, they will be $2 each.

Stewart House Clothing Appeal 2015

Stewart House bags will be sent home today with the newsletter. If you have any unwanted clothing, shoes, linen and towels. Please send to school in the bag. If you would like more bags, please see Mrs Lamey in the office. Return to office by Mon 9th November.

Thank you
ASTRONOMY NIGHT - Saturday 31 October – 8.00pm – 10.00pm

All Hallows Eve: Halloween in the Stars, legends of ghosts past - Many ancient stories and myths involve the stars in our sky, these patterns were watched by our ancestors and

one in particular led to the starting of the Witches' Sabbath. We investigate the stars and the stories behind what we know today as Halloween. Many of these come from Celtic roots, the Celts

marked the stars of the Pleiades and when they reached their highest point it was thought the boundary between the living world and the deceased could be crossed.

The evening will also include a 3D astronomy movie, a tour of the dome area and an opportunity to view the night sky through the observatory's telescopes.

Fun for young and old alike. The first 50 paying people to show up in costume will receive a free Family Pass valid for 1 year.

Cost:
Astronomy Nights:   $18 adult, $12 child/concession and $50  
Workshops:              $15 per child/adult

Bookings are essential: Book and pay online:
westernsydney.edu.au/observatory, What’s On

Contact:Tel: (02)4736 0135   Email:  r.mccourt@westernsydney.edu.au 
westernsydney.edu.au/observatory 
www.twitter.com/uwsobservatory 
www.facebook.com/UWSObservatory
P&C Meeting
The next P&C meeting will be held on Thursday 5th November at 7pm in the staffroom. Please come along to participate or just observe. All welcome!

Uniform Payments
Direct Deposit is the preferred method of payment and cash is only accepted for orders under $50.
BSB Number: 062 589 Account No: 00913185

Bunnings BBQ Helpers
Volunteers are still needed from 12-2pm and 2-4pm to help at our Bunnings BBQ Fundraiser on Sunday, 1st November. Please see Mrs Lamey in the office if you are able to help.

P&C Fair/ Movie Night
The P&C are organising a Fair/ Movie night for Fri. 20th November. If you would like to run a stall/ table on the night please contact the P&C or Mrs Lamey in the office for more information.

Getting involved in your child's school can be a rewarding experience. There are many types of school activities and parents/caregivers are always welcome to participate.
The team at Lamrocks Solicitors has been helping people from across the Nepean and Blue Mountains region for over 100 years. If you need advice or assistance with a legal issue, contact the experienced lawyers at Lamrocks for friendly, professional advice that offers real value-for-money.

Property & Conveyancing | Family Law | Compensation Law | Wills & Estates

Contributing to the community since 1882

Hummingbird Muffins

Serves: 18 | Preparation time: 25 minutes | Cooking time: 25 minutes

Ingredients

- 2 eggs
- ¼ cup caster sugar
- 200 mL low-fat vanilla yoghurt
- 1 tsp vanilla extract
- 3 large ripe bananas, mashed
- 440 g crushed pineapple in natural juice
- 3 cups self-raising flour
- 2 tsp ground cinnamon
- ¾ cup walnut halves
- Olive or canola oil spray

Method

1. Preheat oven to 200°C (180°C fan forced).
2. Spray muffin tins with oil.
3. In a large bowl, beat eggs and sugar together with an electric mixer on high speed for 2 minutes until light and creamy.
4. Gently mix in yoghurt, vanilla, bananas and pineapple with juice.
5. Sift flour and cinnamon onto the batter then stir to combine but do not over mix.
6. Spoon mixture into prepared muffin tins (3/4 full) and top with a walnut half. Bake mini-muffin tins for 20 minutes and larger muffins for 25 minutes or until a skewer inserted in centre comes out clean.
7. Cool in tins for 5 minutes then turn onto a wire rack to cool completely.
Whooping cough information for schools

There is an outbreak of whooping cough (pertussis) in NSW, mainly affecting school-aged children. Coughing spreads the infection to others nearby. Whooping cough can spread to anyone at home, including younger brothers and sisters. Whooping cough can be especially dangerous for babies. Whooping cough starts like a cold and progresses to bouts of coughing that can last for many weeks. The infection can occur even in fully-vaccinated children. Older children may just have a cough that is persistent and may be worse at night.

- Children with these symptoms should see a doctor.
- If your doctor diagnoses whooping cough in your school-aged child, please let the school know and keep your child at home until they have taken 5 days of antibiotics. Keep coughing children away from babies.
- Whooping cough vaccines give good protection against infection but immunity fades with time. Check that all your children are up to date with their vaccines, due at 6 weeks, 4 months, 6 months, 4 years and 12 years of age (offered to all Year 7 students through the NSW school-based vaccination program). A booster is also recommended at 18 months of age.

A booster dose of vaccine is also recommended for adults that are in contact with young children, such as school staff and parents. Pregnant women are recommended to have a booster dose during each pregnancy and this is funded by NSW Health. Those who are new parents or carers of babies should consult their general practitioner about appropriate immunisation.

Your local public health unit can provide advice about whooping cough on 1300 066 055 or visit the NSW Health website for information for childcare and schools about whooping cough.
Drop off and pick up by car

Make sure your children are in an appropriate child car seat that is fitted and used correctly.
Stick to the 40km/h speed limit in a school zone as children are about.
Look for buses pulling out – watch for flashing wig wag lights.
Always park and turn legally around schools. Avoid dangerous manoeuvres such as U-turns and three-point turns.
Always give way to pedestrians particularly when entering and leaving driveways.
Drop your children off and pick them up on the school side of the road in your school’s designated drop off and pick up area. Calling out to them from across the road is dangerous – they may run to you without checking for traffic.
It’s safest for children to get out of the car on the kerb side of the road to be away from passing traffic.

Walking together to and from school

Plan your trip to school so you use pedestrian crossings where possible.
Always hold your child’s hand. Children need your help to spot dangers such as vehicles coming out of driveways. They can also be easily distracted and wander into traffic.
Drop off and pick up your child near the school gate and avoid calling them from across the road.
Talk with your children about Stop, Look, Listen and Think every time they cross the road.
STOP! one step back from the kerb.
LOOK! for traffic to your right, left and right again.
LISTEN! for the sounds of approaching traffic.
THINK! whether it is safe to cross.
Young children can learn these safe pedestrian habits from you and continue them later on when they are old enough to travel alone.
SCHOOL OF COMPUTING, ENGINEERING AND MATHEMATICS

Upcoming Event

Saturday
31 October
8.00pm – 10.00pm

Astronomy Night - All Hallows Eve: Halloween in the Stars, legends of ghosts past:

Many ancient stories and myths involve the stars in our sky, these patterns were watched by our ancestors and one in particular led to the starting of the Witches’ Sabbath. We investigate the stars and the stories behind what we know today as Halloween. Many of these come from Celtic roots, the Celts marked the stars of the Pleiades and when they reached their highest point it was thought the boundary between the living world and the deceased could be crossed.

Fun for young and old alike. The first 50 paying people to show up in costume will receive a free Family Pass valid for 1 year.

The evening will also include a 3D astronomy movie, a tour of the dome area and an opportunity to view the night sky through the observatory’s telescopes.

Cost: $18 adult, $12 child/concession and $50 Family (2 adults & 2 children: children under 3 free)

Bookings are essential:
Book and pay online: westernsydney.edu.au/observatory, What’s On
Tel: (02) 4736 0135 Email: penrithobservatory@westernsydney.edu.au

westernsydney.edu.au/observatory
www.twitter.com/uwsobservatory
www.facebook.com/UWSObservatory
Cool Kids Music Company
Excellence in Group Primary School Music Tuition
2016 Enrolment Form

Group Music lessons held at school

Cool Kids Music provides a wonderful opportunity for children to have quality music lessons at school. Our program promotes confidence and self-esteem, teamwork and commitment while creating enjoyment for themselves and others.

We offer professional teachers with a quality curriculum whilst being affordable and convenient.

Your child deserves the best start in music available, so be part of our great program already enjoyed by over 1250 students at 56 other Western Sydney Primary Schools.

- Group music tuition at your school
- Caters for Year 1 to 6
- Weekly, 30 minute lessons
- Music books included
- $12 per lesson, per student, per instrument (incl. GST) Paid by the school term
- Sibling or multiple instrument discount available*
- Parent recitals and reports available on request
- Certificates and prizes, once a term ‘Music Olympics’
- Equipment included for use during the lesson
- Instruments available for purchase for home use*

Please call or email our friendly staff on 0457668742 or enquiries@coolkidsmusic.com.au to find out what instruments are available at your school and what day and time our lessons are held.

Or visit www.coolkidsmusic.com.au

Alternatively, return the slip below to your school office.

*Availability/Conditions apply. Information subject to change with or without notice.

Cool Kids Music Company
Excellence in Group Primary School Music Tuition
2016 Enrolment Form

We are interested in participating in Cool Kids Music at our school and would like further information.

Child’s Name: ___________________________ School: ________________________________

Year: ______ Mobile: ___________________ Parent Signed: _________________________

Email: ___________________________________ Instrument: _________________________

Possible instruments available: Keyboard, Guitar, Drums, Singing and Ukulele

A quality education in a caring, small school environment
HAZEL’S STRAWBERRIES 🍓 🍓

Local grown

**Strawberries**

Come and say hello to Hazel the Camel
And grab some fresh and tasty Strawberries and

**Mangoes**

66 Smith Rd Castlereagh

Orders welcome and can be delivered to school

Noelene  0400 910 439

Adam   0413 99 77 35

A quality education in a caring, small school environment
Deposit Banking

When purchasing uniforms and you wish to use direct deposit please place money in the P&C account which is:

Account Name: Castlereagh Public School P&C Association
BSB No: 062 589
Account No: 00913185

When paying for excursions etc. and you wish to use direct deposit please place money in the school account which is:

Account Name: Castlereagh Public School
BSB No: 032 001
Account No: 159 722

Please staple receipt to permission note and return to office thank you.

Absence notes

Parents, for your convenience we have included an absentee note to be filled out and returned to office as soon as your child is back at school.

<table>
<thead>
<tr>
<th>Absentee Note</th>
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<tbody>
<tr>
<td>To be returned to the School Office first day back after absence</td>
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<tr>
<td>Student’s Name: ………………………………………………………………</td>
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<tr>
<td>Class: ………………</td>
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<td>Date/s of Absence/s:</td>
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<td>Reason for Absence:</td>
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<tr>
<td>Signature of Parent/Caregiver: …………………………… Date: …………………</td>
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CASTLEREAGH PUBLIC SCHOOL

Mission Statement

In our caring and supportive environment, each student strives to become a unique person and a valued member of society.

We recognise and strive for:
• Excellence in academic achievement,
• Positive aesthetic, personal and social attitudes,
• Whole school pastoral care for all students,
• A sense of belonging and a secure and caring environment enabling students to establish self-esteem,
• Sensitivity toward others
• Awareness of the environment and
• Valued community participation.

Citizenship Affirmation Statement

From this time forward,
I pledge my loyalty to Australia and its people,
Whose democratic beliefs I share,
Whose rights and liberties I respect and
Whose laws I will uphold and obey.

Pledge
If I wish to be a worthy member of my school and community,
I must at all times watch:
My words,
My actions
My thoughts,
My companions and my habits.